

# 3 STEPS TO ROCKIN YOUR HAPPY DANCE

15 - 60 min



## *Banish Your Blues and Start Shaking Your Booty!*

Have you ever thought: “My partner just doesn’t get me!” “Should I toss you or train you?” or “Why can’t you just read my mind?” What if you could articulate what makes you happy. What if your loved ones actually did your happy making things. Imagine how that would change your life!

Jenn Flaa, author of *The Happiness Handbook*, reveals the secret that will unblock your happiness and set you on a path toward your own extraordinary life.

### **Here’s The Secrets To Starting Your Happiness Journey:**

- How to start being happy when you are not happy now
- Tools for transforming your unhappy thoughts
- The 5 things you *need* to be happy
- What I know for sure about men
- Communicating your happy making things with your partner
- The importance of receiving happiness
- Getting your Happy Dance on!

**SPEAKING SAMPLE**



**EXPERT TOPICS**

VIDEO BLOGGING  
PODCASTING  
MEDIA INTERVIEW WORKSHOP  
COMMUNICATION SKILLS  
SOFT SKILLS FOR TECHIES  
BETTER BOYFRIEND



### **Jenn Flaa Entrepreneur, Vocalist, Author and Speaker**

Serial entrepreneur with deep roots in technology and a passion for music. Jenn merges creativity and tech with fun and energy.

After starting her career as an engineer at NASA and a stint in Silicon Valley as a Quality Assurance Manager, Jenn started her first of four companies.

Vettanna setup the QA department at eBay and provides high tech resources and training.

Vettanna ToGo teaches executives, entrepreneurs, authors and speakers to be calm, concise and natural on-camera, during media interviews and on stage.

Not content to use one side of her brain, Jenn is also the rock vocalist and song writer for the bands Urban Fiction and Zippy Katz as well as authoring *The Happiness Handbook*.

### **Contact**

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**“You were great to work with. You’re like a diva without the attitude!”** Linda White, Membership Coordinator, San Jose Chamber of Commerce